

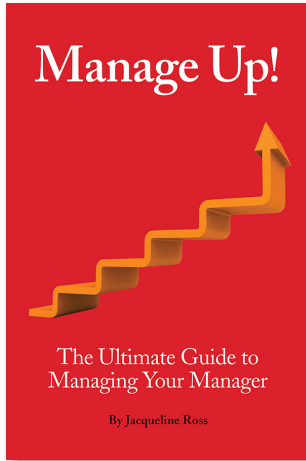
# Jacqueline C. Ross

Author • Speaker • Career Coach

## **Manage Up! The Ultimate Guide to Managing Your Manager**

What strategies could you employ to manage your manager more effectively? Managing your boss is a skill you need, regardless of the relationship that you have or how effective your boss is at doing his or her job. Your professional effectiveness can be a direct result of how well you “manage up.” In this program, you will find out how to tap into the strengths and talents of both you and your boss, the power of building mentoring relationships, and the impact of professional networking. Manage Up! will help you enhance and elevate your performance and your professional standing. With the easy-to-apply tips and highly practical strategies shared in this program, you will gain mastery of important skills and increase your overall personal sense of job satisfaction and engagement.

**Available as a short talk or workshop.**



Jacqueline “Coach Jackie” Ross is the author of *Manage Up! The Ultimate Guide to Managing Your Manager*. Coach Jackie is a certified career coach and professional speaker. Coach Jackie started her professional career 25+ years ago in the mental health field. She transitioned into human resources and now has her own private coaching practice. Coach Jackie provides coaching to professionals in career transition and helps organizational teams enhance their leadership capabilities. She is a dynamic and engaging presenter, who will draw her audience in, and leave them with practical tools and tips to strengthen their confidence and add to their career tool belt.



## **Decision! Action! Progress! Achievement!**

### **Design Your Life Through Goal Setting**

Did you know that 92% of goals set each new year fail by January 15th? Want to be more effective in your professional and personal life? Setting goals can greatly improve your working and life performance. Setting goals is an essential skill to achieve workplace quotas, deadlines, objectives, and budgets, and to create a more enriching and satisfying personal life. This program provides an empowering set of activities to plan your career and personal future in advance. This program will set you up for success to design the next phase of your professional and personal growth. **Available as a short talk or workshop.**

### **Bringing Your Best Self to Work**

What would it take to dramatically impact the innovation and motivation you bring to work each day? How do you create a work environment where everyone else feels that spirit and energy, too? This program teaches three strategies you can employ each day that will allow you as a leader and professional to bring your best self to work. You will learn how to take advantage of your physiology, methods to tell your brain what is important, and how to use goal-setting to get you to your desired target. **Available as a short talk or workshop.**

### **Networking for People Who Hate Networking**

Do you dread the notion of going to a networking event? Would you rather stay at home bingeing on a TV series than go out networking? This dynamic, engaging, and high-value workshop will bolster your attitude and perspective about networking by adjusting your “networking mindset” for building in-person and social media networking connections. You’ll learn practical tips and strategies to add to your networking tool belt and maximize your professional visibility.

**Available as a short talk or workshop.**

#### **Satisfied Clients:**

- Center for Women & Enterprise
- Hologic
- Massachusetts Council of Human Service Providers
- NAFI/NFI
- NFI North
- Nichols College
- Pay Pal
- Southern New Hampshire University

#### **What Audiences Have Said:**

*“Coach Jackie Ross is an enthusiastic and knowledgeable presenter whose strong presence and effective public speaking skills engage audiences and instill confidence in the transformative work that she does. Jackie has the expertise and the tact to discuss truly difficult topics, while remaining warm and accessible to put her clients and her audience at ease. I highly recommend Jackie.”*

**Travis Minor,  
Owner of Open Door Education**

*“I have had the pleasure of listening to Jackie present in multiple forums. In all these instances she consistently delivers thoughtful, well researched topics in an informative and interactive manner. Jackie’s presence in presentations is open and engaging – I would encourage anyone to have her in as a presenter.”*

**Kelly Madden, COO, NAFI**

*“Jackie conducted a workshop for the organization I work for, the Center for Women & Enterprise. We were extremely happy with her training style and the feedback we received from our clients! Jackie used thought provoking exercises in her workshop to engage and interact with the clients, motivated them to think deeply about their personal goals and how to achieve them. I would highly recommend Jackie as an instructor.”*

**Madeleine Lutts from the Center for Women & Enterprise in Boston**